

# “running on empty”



## 2.5 & 5 km Family Walk & Roll

Supporting individuals & families affected by Mitochondrial Disease

**Saturday September 17, 2011**

**11:00am-3:00pm**

**Confederation Park  
Hamilton, Ontario**

**Beach Front Trail at Edgewater Pavilion  
(look for the green balloons)**

**Live Band ~ BBQ ~ Penny Auction ~ Silent Auction  
Support & Awareness Tent ~ Balloon Release & Cake Cutting  
Kids Area ~ Bouncy Castle ~ Video Game Partycade**

**For more information or to obtain a pledge form check out our website:**

**[www.mitocanada.org](http://www.mitocanada.org)**

